

# „School Nurses“ – A new health care supply in Germany

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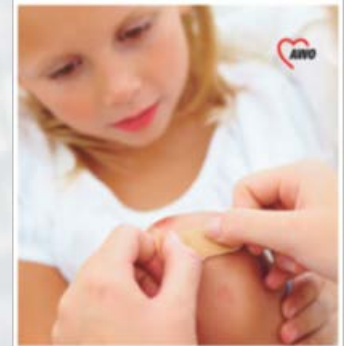
# Background in Germany

- hardly no structures for (public health) nursing
- nurses still are mainly trained on vocational level and in traditional settings
- no (adequate) health care and health promotion in schools
- need for health care and chance for health promotion
  - all pupils spend much time in schools
  - social inequalities in health risks
  - changes in morbidity
  - health behavior and health literacy can be learned/ influenced

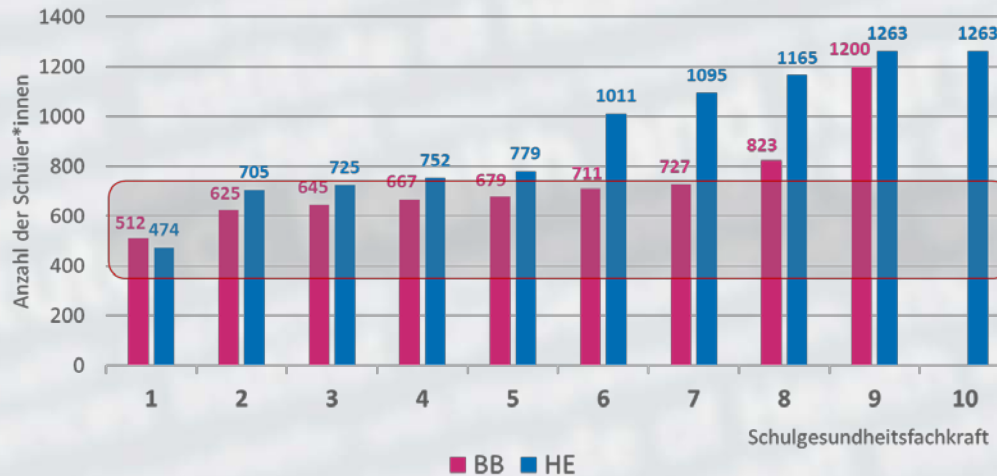


# Milestones in a German pilot project: school health nurses

- 2013 – 2015 → feasibility study
- 2015 – 2016 → curriculum development
- 2017 – 2018 → implementation and evaluation
- 2018 – 2019/20 → extension of the project



**CURRICULUM**  
zur Qualifizierungsmaßnahme für  
examierte Gesundheits- und  
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zu Schulgesundheitsfachkräften



## „Self-profile“ Brandenburg (homepage)



**Schul  
Gesundheits  
Fachkraft**



Engl:

Protecting, be present, console,  
trust, take care,  
help, counsel, listen



## „Self-profile“ Hessen (child postcard)

## „Self-profile“ Hessen (parents flyer)

„You should do well!“

Dir soll's gut gehen!

Modellprojekt „Schulgesundheitsfachkräfte“ 2017/2018



Engl:  
Take care, nurse, be present

Kümmern,  
pflegen,  
da sein!

Modellprojekt  
„Schulgesundheitsfachkräfte“



# First findings

- need for acute care
  - high rates of utilization (up to 40/day)
- need for prevention and health promotion
  - nutrition, physical activity, media consumption, smoking, alcohol consumption, mental health care, health literacy
- broad variation of project topics
  - first aid, stress, healthy nutrition, pain, sexuality, infection,...
- high acceptance and trust (pupils)
  - discretion, general competencies, accessibility
- feelings of safety (parents and pupils) and perception of relief (teachers)

## Conclusions → next tasks

- qualification should address complex needs of different target groups
- more standardised instruments and interventions
- number of staff should guarantee daily accessibility and consider number of pupils/ falls per school
- prioritisation of tasks and aims (first aid – prevention – health promotion- school development – counseling/education)
- more time to observe long term effects

# contact

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