„School Nurses“ –
A new health care supply in Germany

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ISSOP – Kongress 2018 | EUSUHM workshop: Nurses in School Health Care
Universitätsklinikum Bonn, 28. September 2018
Background in Germany

- hardly no structures for (public health) nursing
- nurses still are mainly trained on vocational level and in traditional settings
- no (adequate) health care and health promotion in schools
- need for health care and chance for health promotion
  - all pupils spend much time in schools
  - social inequalities in health risks
  - changes in morbidity
  - health behavior and health literacy can be learned/ influenced
Milesstones in a German pilot project: school health nurses

- 2013 – 2015 → feasibility study
- 2015 – 2016 → curriculum development
- 2017 – 2018 → implementation and evaluation
- 2018 – 2019/20 → extension of the project
Protecting, be present, console, trust, take care, help, counsel, listen
„You should do well!“

Dir soll’s gut gehen!

Kümmern, pflegen, da sein!

Engl: Take care, nurse, be present
First findings

- need for acute care
  - high rates of utilization (up to 40/day)
- need for prevention and health promotion
  - nutrition, physical activity, media consumption, smoking, alcohol consumption, mental health care, health literacy
- broad variation of project topics
  - first aid, stress, healthy nutrition, pain, sexuality, infection,…
- high acceptance and trust (pupils)
  - discretion, general competencies, accessibility
- feelings of safety (parents and pupils) and perception of relief (teachers)
Conclusions → next tasks

- Qualification should address complex needs of different target groups
- More standardised instruments and interventions
- Number of staff should guarantee daily accessibility and consider number of pupils/falls per school
- Prioritisation of tasks and aims (first aid – prevention – health promotion – school development – counseling/education)
- More time to observe long term effects
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