CHILD REFUGEE IN TURKEY
&
Turkish National Pediatric Society Experience

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Armed Conflict All Over The World Continues To Attack Children

- **244 million** refugee struggle to survive
- **31 million** refugee children most under the age of 15
1931: Peace at home, Peace in the World
M.K. Atatürk

1958: Establishment of TNPS
Prof. Dr. İhsan Doğramacı

1990: Turkey signs the CRC

2011: Civil war in Syria
## Current Situation In Syria

<table>
<thead>
<tr>
<th>Estimated Affected Population</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Total people in Need</td>
<td>13,500,000</td>
</tr>
<tr>
<td>Children in Need (&lt;18)</td>
<td>5,800,000</td>
</tr>
<tr>
<td>Total Displaced Population</td>
<td>6,283,675</td>
</tr>
<tr>
<td>Children Displaced</td>
<td>2,808,803</td>
</tr>
<tr>
<td>People in Hard to Reach Areas</td>
<td>4,000,000</td>
</tr>
<tr>
<td>Children in Hard to Reach Areas</td>
<td>1,700,000</td>
</tr>
<tr>
<td>People in Besieged Areas</td>
<td>540,000</td>
</tr>
<tr>
<td>Children in Besieged Areas</td>
<td>232,000</td>
</tr>
</tbody>
</table>

*2017 Humanitarian Needs Overview, OCHA*
Most displaced Syrians are in the Middle East, with about a million in Europe

Estimated number of displaced Syrians, 2017

Where are these Syrian

Note: These are stock estimates from the start of the Syrian conflict in 2011. Estimates of displaced Syrians are rounded and include the

25 Jan 2018
Pew Research Center
Where Are They In Turkey

26 Temporary Protection Center in 10 cities  Ş. Urfa, G. Antep, Kilis, K. Maraş, Mardin, Hatay, Adana, Adıyaman, Osmaniye, Malatya

DISTRIBUTION OF SYRIAN REFUGEES IN THE SCOPE OF TEMPORARY PROTECTION BY TOP TEN PROVINCE:

- Istanbul: 522,406
- Sanliurfa: 451,731
- Hatay: 433,853
- Gaziantep: 343,395
- Mersin: 177,359
- Adana: 165,004
- Bursa: 129,676
- Kils: 129,671
- Izmir: 119,971
- Kahramanmaras: 97,238
Legal Status of Syrian in Turkey

Temporary protection status
• Open door policy
• Provisional identity card with a registration procedure
• Gain access to public
  • health
  • education
  • social and legal assistance services
Humanitarian Needs

- Water, sanitation, hygiene
- Health and nutrition
- Education
- Child protection, social protection
- Adolescent development and participation
- External communication and advocacy

Turkey has spent more than $30 billion for the humanitarian aid for Syrians
Awaiting 3 billion Euros from EU
Health Problems

• Infection
• Injury
• Malnutrition
• Reproductive and newborn health
• Chronic diseases
• Mental health
Timeline

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2012
- TNPS takes action
Turkish National Pediatric Society Action for Syrian Refugee Children

**Pediatrician**
- Training
- Research
- Advocacy

**Family, Child & Adolescent**
- Training
- Health screening
- Referal
- Advocacy (Social inclusion)
TNPS Action

• Training courses for pediatricians working in regions with a high population of refugee (12 courses, Hatay, Gaziantep, Urfa)
  • New, emergent, common infections
  • Malnutrition
  • Psychosocial issues

• Branches in Hatay, Urfa and Gaziantep organized activities in camps for psychosocial support of children
TNPS Action

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- Cevdetiye Tent Camp Project for refugees in collaboration with IPAF
Needs assessment visit several interviews with the camp managers, mother and children as well as with the physicians, nurses, midwives working in the health center in the camp.

It was determined that the mothers in the camp should be supported for baby and child care practices as well as the adolescence for self care and coping strategies.
Health Education for Mothers in Osmaniye TPC (26-27 May 2016)

• Newborn care
• Breast feeding and nutrition
• Vitamin mineral supplementation
• Growth and development
• Prevention of common infectious diseases
• Vaccination
• Puberty and common pubertal health problems
• Anxiety and PTSD in adolescents
Health Education for Mothers in Osmaniye TPC

• Problems in newborn care
  • Salting of baby

• High will for breast feeding, better now a days
• High acceptance of vaccination
• Vitamin D and iron supplementation needs improvement
3 adolescents, 16-20 years

Brief Symptom Inventory

Hostility and somatization scores were significantly higher in the group that had been at the camp for >4 years.

The somatization score was also significantly higher in adolescents, who had lost a first degree relative.
The scores for hostility and somatization were highest in the group who had been in the camp for more than 4 years.
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• Cevdetiye Tent Camp Project for refugees in collaboration with IPAF

• Social awareness raising, social support for Syrian refugees
“Everything Starts With Love”

• A campaign to increase social awareness for the protection and inclusion needs of refugee children.

• Famous artists and football players shared the tagline “Everything starts with love” for Syrian refugee children.
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• International Refugee Mental Health Workshop
TNPS-IPA Refugee Mental Health Workshop

• A precongress workshop on “Refugee Mental Health” was organized on 15 November 2017 in collaboration with IPA and IPA-F.

• More than 200 participants from Turkey, USA, Jordan, Iraq and Kosova.

• Besides TNPS, IPA and IPA-F,” Save the Children” and “International Association for Adolescent Health” representatives were among speakers.

• The whole workshop report can be reached from millipediatri.org.
### Opening Remarks
- Enver Hasanoğlu (Turkish National Pediatric Society (TNPS) Secretary General)
- Errol Alden (International Pediatric Association (IPA) President Elect, IPAF President)
- Kerem Hasanoğlu (TNPS General Coordinator)

### Current Status of Refugee Children
**Moderators:** Koray Boduroğlu, William J. Keenan
- Role of IPA in Disasters
  - Errol Alden
- Child Refugee in Turkey and TNPS Experience
  - Elf Özmert
- Adolescent Refugee in Turkey and TNPS Experience
  - Orhan Derman

### Coffee Break

### Mental Health Issues in Refugees: Risk, Resilience, Prevention and Challenges
**Moderators:** Elf Özmert, Orhan Derman
- Refugee Mental Health in Early Childhood
  - Ilgi Ertem
- Refugee Mental Health in School Age Children
  - Marianne O’Grady (Save Children)
- Refugee Mental Health in Adolescents
  - Helena Fonseca (International Association for Adolescent Health)

### Round Table Discussion
Timeline

1931: Peace at home, Peace in the World
1958: Establishment of TNPS Prof. Dr. İhsan Doğramacı
1999: Turkey signs the CRC
2011: Civil war in Syria
2012: TNPS takes action
2017: Budapest Declaration
Budapest Declaration
On the Rights, Health and Well-being of Children and Youth on the Move

International Society for Social Pediatrics and Child Health (ISSOP)
Budapest, October 2017
Budapest Declaration

Being;
Aware, Cognizant, Realizing, Knowing, Committed, Mindful of the critical role of paediatricians

Representing a global perspective, Conscious of the needs, Acknowledging the challenges of service delivery systems, Embracing the WHO definition of health, as a “state of complete physical, mental, and social wellbeing, and not merely the absence of disease or infirmity,”
Budapest Declaration

• The CRC entitles all children without discrimination (Article 2) to optimal survival and development (Article 6), to a voice and the right to participate in decisions that affect them (Article 12) and to optimal health and health care (Article 24).

• Children and youth on the move have particular physical and mental health risks and needs

• The care of children and youth on the move requires skills in cultural and linguistic competency and providing trauma informed care across cultural and language barriers.

• Paediatricians, child health providers and organizations have a leadership role to play in fulfilling the rights of children and youth on the move to optimal health and health care.
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• Cevdetiye Tent Camp Project for refugees in collaboration with IPAF

• Social awareness raising, social support for Syrian refugees

• IPA visit to Gaziantep Nizip Temporary Protection Center
IPA Visit to Gaziantep/Nizip Turkey
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- School health screening
Health Screening in School

• In a Syrian refugee entegration school 177 school aged children were screened for hearing and growth as well as a complete physical examination.
TNPS has acted to participate and play a leadership role in advancing the rights, health and well-being of children and youth on the move

Budapest Declaration
For our children

“Peace at home peace in the world”

“Everything starts with LOVE.”

For our future