Exequiel González Cortés Hospital experience on integrating the rights approach into health care.

There is a lack of knowledge about the rights of children and adolescents by the health team, as well as in patients and family. This is mainly observed in the persistence of paternalistic or protective attitudes towards the children and adolescents who attend to the services. The Convention on the Rights of the Child founds a new paradigm when considering children and adolescents as subjects of rights. To report the experience of the realization of a participative congress of children and adolescents, on the rights of the children, destined to the integration of their perspective in daily practice of our Hospital.

An encounter of children and adolescents was developed, in which, under a semi-structured survey, adjusted for age, which consists of 3 dimensions: care, treatment and recognition as subjects of rights. This was applied to focus groups formed by age, the rights that are most at risk - or are effectively - violated in the care at our hospital were identified. The child is recognized as a subject of rights, which requires a development scenario, a space where they can interact and express freely their point of view of the environment where they develop as a social actor. Therefore, a hospital for interaction and reconstruction of the environment where it is housed should be conceived. Enabling the realization of children and adolescents as subjects of law in a place of inclusion. Through the exercise of systematization, the following assessments were made in relation to the dimensions analyzed: 1. Attention: good attitude, the hospital is always a new experience; 2. treatment: it is important to be listened to, to receive medical information. Do not be treated like young children. Participate in the processes; 3. about rights: to recreation, inclusion, being taken into account, being with family and friends seem like more significant rights in the collective productions of groups.

Incorporating the rights approach implies a change in the institutional culture. The incorporation of the children's perspective on the rights of children related to hospital care will contribute to achieving this goal.