

Speakers: Anna Battersby, Rita Nathawad

Email: a.battersby@nhs.net and rita.nathawad@jax.ufl.edu

Workshop Title: ISSOP Trainee Group: It's a small world after all

Content and Objectives:

- 1) Describe what social paediatrics training looks like across the world: differences and similarities
- 2) Develop specific ideas of how to make the ISSOP trainee group beneficial to you.
- 3) Introduce the mentorship programme: brainstorm the features of mentor/mentee relationships that would promote the needs of ISSOP trainees.
- 4) Propose mechanisms for ISSOP trainees to become active child health advocates, how to contribute to the ISSOP newsletter, and specifically how to engage online and become social media influencers.

Through interactive group discussion and break out activities, we will explore the needs of social paediatrics and child health trainees around the world and identify how ISSOP may support you. There will be a brief review of current ISSOP initiatives and a description of ways in which trainees may become more involved. We will explore the role of mentors, provide tools to trainees to optimize these relationships and introduce a new ISSOP mentorship programme. We are particularly interested in how online forums (such as CHIFA), and social media (Twitter, Facebook, Instagram) can bring us together to influence our societies: because it is a small world after all!

Authors, Institutions:

Dr Anna Battersby PhD MRCPCH

Specialist Registrar (ST7) in Paediatrics and Community Child Health

2nd floor, Kaleidoscope Centre for Children and Young People

Lewisham and Greenwich NHS trust

Rita Nathawad, MD, MSc-GHP, FAAP

Assistant Professor, Pediatrics

Medical Director Jacksonville Health and Transition Services (JaxHATS)

University of Florida, College of Medicine, Jacksonville