Promoting health, development and wellbeing of children on the move within and across borders*

> ISSOP 2018-Bonn Ramzi Nasir MD MPH

Consultant in Developmental-Behavioral Pediatrics Royal Free London NHS Foundation Trust, London, UK Senior Honorary Lecturer, University College London-Institute of Child Health



EARLY CHILDHOOD DEVELOPMENT TASK FORCE

Overview of Talk

- Overview: Quantitative (the numbers) and Qualitative (the burden of suffering)
- Making Sense of It all
- A sample project

The Numbers

 NEW YORK, 9 December 2016 – An estimated 535 million children – nearly one in four – live in countries affected by conflict or disaster, often without access to medical care, quality education, proper nutrition and protection, UNICEF said today.

Sub-Saharan Africa is home to nearly three-quarters – 393 million – of the global number of children living in countries affected by emergencies, followed by the Middle East and North Africa where 12 per cent of these children reside.

• https://www.unicef.org/media/media_93863.html

More Numbers

- Civilian fatalities in wartime have climbed from 5 per cent at the turn of the century ... to more than 90 per cent in the wars of the 1990s.
- https://www.unicef.org/graca/patterns.htm



Children In War

- Vulnerable Population
- Loss of opportunity (school/nurturing/protective adults)
- Trauma
- Health (disease/malnutrition)
- Maltreatment
- Sexual violence
- War toxicity (chemical, biological, heavy metals, ballistics)

Children with/at Risk for Developmental Disabilities



- Interruption of normal support systems
- Exacerbated by trauma, malnutrition, disease
- Missed opportunities for intervention
- Long term downstream effects

Children with Developmental Disability

Who are they?

- 10-20% of children (estimate).
- Developmental delays in speech, motor, cognitive and social domains
- Includes communication disorders, autism, intellectual delays, learning disabilities, mobility problems
- Multiple Causality

What do they need?

- Nurturing and Safe Environment
- Physical Health
- Good Nutrition
- Developmental Intervention Services:
- Parent Training
- Various therapies
- Timing is important
- ullet

My Personal Journey making sense of it all





Zaatari Camp for Syrian Refugees 2014

Available Tool Kit

• Policies: CRC, CRPD

Global Compact on Migration, Nurturing Care Framework

- Guidelines –UNHCR and other NGOs
- Training materials-MHGAP
- Caregiver Skills Training –WHO/UNICEF/Autism Speaks
- Textbooks-

Where there is no child psychiatrist (Eapen, Graham, Srinath). Disabled Village Children (Werner).

International Mandate to Care

- The United Nations Convention on the Rights of Persons with Disabilities specifically calls attention to disabled people affected by humanitarian emergencies and requests more "inclusive and responsive humanitarian interventions."
- UNHCR: https://emergency.unhcr.org/entry/64324/identifyingpersons-with-specific-needs-pwsn
- WHO: http://who.int/disabilities/emergencies/en/

Delivery Models and Guidance

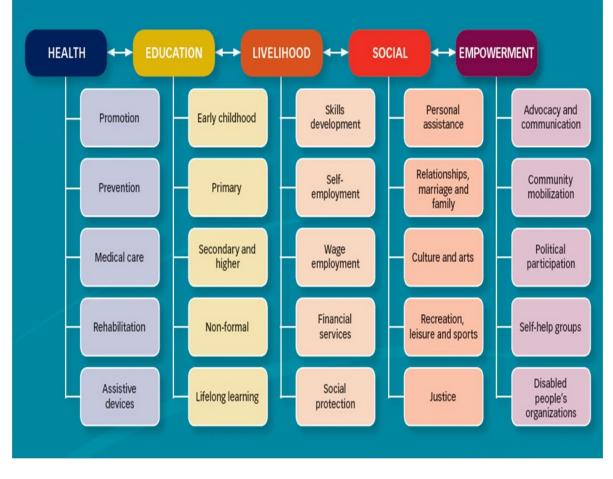
- Community Based Rehabilitation (CBR)
- WHO emergency guidance
- Care for Child Development Package (Unicef, 2012):

Community Based Rehabilitation:

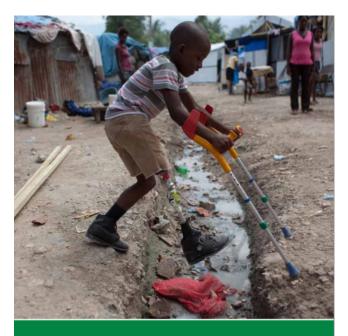
- first initiated in 1978 and
- Strategy to improve access to rehabilitation services for people with disabilities in developing countries.
- Over the past 30 years its scope has considerably broadened.
- Applies before, during and after humanitarian emergencies

WHO guidelines 2010 (including humanitarian settings). http://who.int/disabilities/cbr/guidelines/en/

CBR MATRIX



WHO Emergency Guidance 2013



Guidance Note on Disability and Emergency Risk Management for Health



Introduction	
1. Why programming for disability matters	
1.1 People with disabilities are more vulnerable	
1.2 Emergencies can increase the number of people who experience disability	
1.3 How risks of emergencies are managed affects people with disabilities	1
2. Programming for disability across all sectors with specific	
reference to health	1
2.1 Policies, legislation and strategies	1
2.2 Resource management	
2.3 Planning and coordination	2
2.4 Information and knowledge management	2
2.5 Infrastructure and logistics	2
2.6 Service delivery	2
2.7 Community capacities	2
Conclusion	2
References	3
Annex 1 Multisectoral functions and emergency risk management actions for people with disabilities	3
Annex 2 Summary of information for disability-inclusive risk and needs assessments	3
Annex 3 Emergency assessment tools and how they can be used to assess disability	4
Annex 4 Health services to support people with disabilities	4
Annex 5 How to make services in health-related sectors inclusive of people with disabilities	4
Annex 6 Disability and emergency risk management: checklist of minimum actions required by the health sector	5

http://who.int/entity/disabilities/e mergencies/en/

ECD: UNICEF GUIDANCE 2014



Early Childhood Development in Emergencies Integrated Programme Guide



unite for children

unicef

Integrating ECD into Nutrition Programs in Emergencies (Unicef/WHO 2012)

- In famines and food shortage situations, providing food alone is not enough
- Child growth and brain development depend on good nutrition AND stimulation and caretaker emotional responsiveness
- The brain is most responsive in the first three years of life. This is when it grows and develops fastest
- There is strong evidence that combined programmes improve growth and developmental outcomes in short and long term
- Early child development activities improve maternal mood if conducted using groups and home visits
- Regular mother and baby groups to do ECD activities build resilience and increase networks of social support. They provide a non-stigmatizing way of supporting vulnerable women and children exposed to violence
- http://www.who.int/mental_health/publications/emergencies_why_what_how/en/

Obstacles and Impediments:

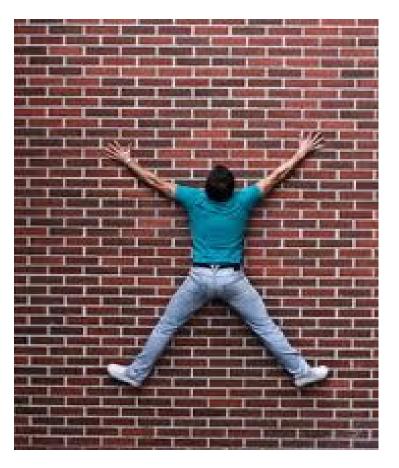
- Implementation research for early childhood development programming in humanitarian contexts: ECD implementation research-humanitarian settings
- Katie Maeve Murphy, 1. Hirokazu Yoshikawa, 2. and Alice J. Wuermli 2.
- 1International Rescue Committee. 2New York University, Global TIES for Children. Annals of the New York Academy of Sciences, May 2018.

The scarcity of implementation research and high-quality evidence to inform early childhood programming in humanitarian settings relates to the current lack of political prioritization, funding, and practical actions..

What about Inclusive ECD ?

A Journey Into the Humanitarian World





MSF Collaboration



- Pediatric Days Stockholm 2016
- Online Teaching-2017
- Telemedicine Consultation-2017
- Proposal in Progress (sub-Saharan africa)-2018

ECDED EARLY CHILDHOOD DEVELOPMENT TASK FORCE

- Children on the Move Task Force
- Text Book Chapter in Progress...
 Child, Adolescent & Family Refugee Mental Health

Eds: Pieter Ventevogel (UNHCR) and Suzan Song (GW University Medical Center)-

Children with developmental disabilities in emergency settings

Vanessa Cavallera, Ramzi Nasir

Judy Palfrey, Kerim Munir, Don Wertlieb

Lessons Learned and Looking Forward

- It's not about YOU and Me
- Leverage your strengths
- Build alliances
- Learn a new language
- Persistence and Focus



www.SmileysOf.com

Additional Slides

Looking Forward



- Scaling up
- Collaborative Work
- Advocacy for a pediatric voice

www.SmileysOf.com

Smaller Scale Projects

- Telemedicine (e.g. MSF, SAMA) http://www.stmh.net/-lectures/
- http://www.aglobalvoiceforautism.org/
- Mobile Phone technology /cloud based EMR
- International Medical Corps-CST
- Many other small scale individual efforts

http://data.unhcr.org/syrianrefugees/partnerlist.php http://www.unhcr.org/uk/non-governmental-organizations.html

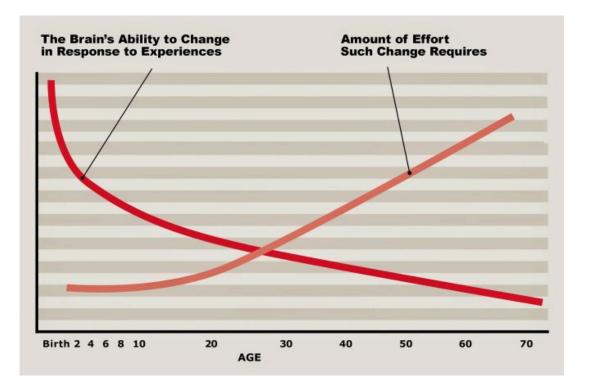
What do All Children Need ?

- Safety
- Food and Shelter
- Health
- Mental Health
- Education

Special Needs of Children with Disability (and at risk)

- Nurturing and Safe Environment
- Physical Health
- Good Nutrition
- Developmental Intervention Services:
- Parent Training
- Various therapies
- Timing is important

Development Does Not Wait!





Obstacles

- Awareness / Willingness
- Resources
- Security
- Quickly gets deprioritized, funding cuts,
- Translation Obstacles